



**DR. SERENA
HEALTHCARE**
WHOLE LIFE MEDICINE

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Vulvoscopy Consent Form

Name: _____ Date: _____

What is a vulvoscopy? A vulvoscopy is an examination of the vulva. The vulva comprises of the clitoris and two pairs of skin folds (labia) forming the external visible part of the female genitalia. A special video microscope called a colposcope is used to see the area, and allows you to visualize your exam.

What is a vulval biopsy? A vulval biopsy is usually performed if you have noticed itching, redness, swelling or changes in colour to this area. The biopsy is undertaken to remove cells from the vulva for testing.

What does a vulvar biopsy procedure involve? Before the procedure is undertaken, Dr Serena will explain what is going to happen. One or more small pieces of tissue are removed from the vulval area. This is sent to the laboratory to be examined. If a vulvar biopsy is indicated, the procedure takes about 10 minutes and is done under local anaesthetic.

Can there be any complications or risks? As with all procedures there can be complications. These may include bleeding and infection. You are advised to keep the area clean and dry. Infections of biopsy sites are rare.

Will it be painful? Vulvoscopy exam alone is not painful. If a vulvar biopsy is indicated, you will be given a local anaesthetic prior to the procedure. If you experience any discomfort following the procedure, you may take normal pain relief medication and apply ice in 20 minutes intervals to the biopsy site.

I consent to undergoing vulvoscopy examination and vulvar biopsy if indicated. I understand Dr. Serena conducts vulvar exams and biopsy collection without an attendant. The pros and cons of this examination and testing have been explained to me. I give my consent to being examined, observing my exam via video for educational purposes if I chose, and to undergo vulvar biopsy if Dr. Serena recommends this to me.

Patient Signature: _____ Date: _____

Physician Signature: _____ Date: _____